

2<sup>nd</sup> ed.

# INTERNATIONAL POSTGRADUATE COURSE ON ALS



**May 23<sup>rd</sup> - 24<sup>th</sup>, 2024 | Milan, Italy**  
IRCCS Milan, Istituti Clinici Scientifici Maugeri

## OBJECTIVES

The aim of this INTERNATIONAL POSTGRADUATE COURSE is to share the innovative clinical vision of clinical scientific Institutes in the multidisciplinary treatment of Amyotrophic Lateral Sclerosis (ALS) with a selected group of health professionals dedicated to the treatment of patients with this disease

The clinical activities, in-patient and out-patient care services are developed by a multidisciplinary team, who is formed by neurologists, pulmonologists, physiatrist, psychologists, nurses, motor, respiratory and speech therapists, biotechnologists, health workers among others. The ALS Unit is involved in care, research and training activities coordinated by Dr. Christian Lunetta.

## SCIENTIFIC COORDINATOR

Dr. Christian Lunetta - Neurologist, Head of ALS Unit, Maugeri Clinical Scientific Institute, Milan

## CONGRESS VENUE



Istituti  
Clinici  
Scientifici  
Maugeri

IRCCS Milan, Istituti Clinici Scientifici Maugeri  
Via Camaldoli 64 - 20138 Milan, Italy

## SCIENTIFIC PROGRAMME

May 23<sup>rd</sup> 2024

- 13.30 - 13.45 **Registration**
- 13.45 - 14.00 **Post-graduate course opening**  
Christian Lunetta - Istituti Clinici Scientifici Maugeri IRCCS, Milano, Italy
- 14.00 - 14.30 **The enigma of different ALS phenotypes: one or more diseases?**  
Nicola Ticozzi - IRCCS Istituto Auxologico Italiano | Università degli Studi di Milano, Milan, Italy
- 14.30 - 15.00 **The opportunities from genetic in understanding ALS**  
Jessica Mandrioli - Università degli Studi di Modena e Reggio Emilia | AOU di Modena, Italy
- 15.00 - 15.30 **Biomarkers: new frontiers in the personalised medicine in ALS**  
Nilo Riva - IRCCS Istituto Neurologico Carlo Besta, Milano, Italy
- 15.30 - 16.00 **Treatment initiation and management**  
Rachele Piras - Istituti Clinici Scientifici Maugeri IRCCS, Milano, Italy
- 16.00 - 16.30 Coffee break
- 16.30 - 17.00 **The cognitive and psychological scenario in ALS**  
Alice Radici - Istituti Clinici Scientifici Maugeri IRCCS, Milano, Italy
- 17.00 - 17.30 **On overview of Clinical trials in ALS**  
Andrea Calvo - University of Turin, Italy | AOU Città della Salute e della Scienza, Turin, Italy
- 17.30 - 18.00 **The IRCCS Milan Institute: on overview of the facilities and main research activities**  
Antonio Spanevello - Istituti Clinici Scientifici Maugeri IRCCS, Milano, Italy | Università degli Studi dell'Insubria, Varese - Como, Italy
- 18.00 - 18.30 Discussion and closing of the 1st day

May 24<sup>th</sup> 2024

09.30 – 10.15 Which hopes in ALS?

Philippe Corcia – CHU Tours | Université de Tours, France

10.15 – 10.30 Discussion

10.30 – 11.00 Coffee break

11.00 – 12.30 Multidisciplinary ALS care (attendees will be splitted into groups): Part A

- **Motor and occupational therapy (30')**

Alice Luisa Bellafà (physiatrist) – Istituti Clinici Scientifici Maugeri IRCCS, Milano, Italy

Matteo Gallotta (motor therapist) – Istituti Clinici Scientifici Maugeri IRCCS, Milano, Italy

- **Nutritional assessment and support (30')**

Alessandra Vincenti (clinical nutritionist) – Università degli Studi di Pavia, Italy

- **Speech and Swallowing assessment (30')**

Domenico Restivo (Neurologist) – University of Messina, Italy

Micol Castellari/Sara Delbue/Valentina Rivolta/Roberta Tomasoni (speech therapists) – Istituti Clinici Scientifici Maugeri IRCCS, Milano, Italy

12.30 – 13.00 Lunch

13.00 – 14.30 Multidisciplinary ALS care (attendees will be splitted into groups): Part B

- **Respiratory management (45')**

Michele Vitacca (pulmonologist) – Istituti Clinici Scientifici Maugeri IRCCS, Lumezzane, Italy

Mara Paneroni (respiratory therapist) – Istituti Clinici Scientifici Maugeri IRCCS, Lumezzane, Italy

Silvia Grilli (respiratory therapist) – Istituti Clinici Scientifici Maugeri IRCCS, Milano, Italy

- **The innovation technology in the care of ALS (45')**

Christian Lunetta (Neurologist), Manuela Legnardi (Biomedical engineer), Davide Sattin (Psychologist), Vera Colombo & Sara Arlati (Cnr-STIIMA Researchers)

14.30 – 15.00 Discussion CME

## ORGANIZING SECRETARIAT & ITALIAN CME PROVIDER (ID 5482)



ABOUT EVENTS Srl

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## CONTINUING MEDICAL EDUCATION

ID AGENAS: 415872

CME Credits: 9

Duration: 9h

Target Audience:

The course is included in the list of the final events of the 2022 training program for the Category: **Doctor Surgeon** (main disciplines: neurology, internal medicine, physical and rehabilitative medicine, anesthesia and resuscitation, radio diagnostics, general surgery, otorhinolaryngology, respiratory diseases, science of nutrition, psychotherapy, geriatrics), **Nurse, Motor Therapist, Speech Therapist, Dietician**.

In order to receive a CME credits you must ensure 90% of the attendance at the meeting, return of the assessment questionnaire duly completed with at least 75% of correct answers and the participant's profession have to correspond with one of the accredited categories.

National training objective:

1. Application in the daily practice of the principles and procedures of evidence based practice (ebm - ebn - ebp)

WITH UNCONDITIONAL GRANT OF:

