

GENERAL INFORMATION

Congress Venue:

Centro Clinico NEMO c/o AO Ospedale Cà Granda Niguarda
(Pavilion 7 – II floor) Piazza Ospedale Maggiore, 3 – 20162
Milan

ORGANIZING SECRETARIAT & ITALIAN CME PROVIDER (ID: 5482)

ABOUT EVENTS Srl

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Continuing Medical Education

Scientific Coordinator: Dr. Christian Lunetta – Neurologist, NEMO Clinical Center, Milan

CME Credits: 9,1

Duration: 7 h

Audience:

The course is included in the list of the final events of the 2019 training program for the **Category: Doctor Surgeon** (main disciplines: neurology, internal medicine, physical and rehabilitative medicine, anesthesia and resuscitation, radio diagnostics, general surgery, otorhinolaryngology, respiratory diseases, science of nutrition, psychotherapy, geriatrics), **Nurse, Physiotherapist, Speech Therapist, Dietician.**

In order to receive a CME credits you must ensure 90% of the attendance at the meeting, return of the assessment questionnaire duly completed with at least 75% of correct answers and the participant's profession have to correspond with one of the accredited categories.

National training objective:

1. Application in the daily practice of the principles and procedures of evidence based practice (ebm - ebn - ebp)

National training area: 3. System training objectives

WITH UNCONDITIONAL GRANT OF:



NEMO Milan at Niguarda-Ca' Granda Hospital

Date: 26-27 September 2019

Objectives

The aim of this preceptorship is to share the innovative clinical vision of dedicated neuromuscular clinical centers, in the multidisciplinary treatment of Amyotrophic Lateral Sclerosis (ALS) with a selected group of health professionals dedicated to the treatment of patients with this disease.

The NEMO Centers

Clinical Neuromuscular Omnicones (NEMO) are highly specialized clinical centers, designed to respond specifically to the needs of those patients affected by neuromuscular disorders such as ALS. The main purpose of NEMOs is to improve the quality of life of both patients and their relatives, providing them clinical support and psychological care that meets the global needs.

In Italy there are four NEMO Centers: in Milan, in Arezano, in Messina and in Rome.

<http://centrocliniconemo.it>

The NEMO Center in Milan

The NEMO Center in Milan was inaugurated at the end of 2007; it is placed in Niguarda Ca' Granda Hospital. The clinical activities, in-patient and out-patient care and day-hospital services are coordinated by a multidisciplinary team, who is formed by neurologists, pulmonologists, psychologists, neuromuscular specialized nurses, physiotherapists, biotechnologists, health workers among others. This center also develops clinical research and training programs in the ALS field co-ordinated by Dr. Christian Lunetta in the context of multidisciplinary care.

26 September 2019

Time: 14:00 -18:30

- 14.00 – 14.30 **Registration**
- 14.30 – 15.00 **The NEMO Model**
Valeria Sansone (Neurologist), Nemo Clinical Center Director, Milan
- 15.00 – 15.30 **ALS diagnosis: clinical methods and patients and caregiver approach**
Andrea Barp (Neurologist), Nemo Clinical Center, Milan
- 15.30 – 16.00 **Treatment initiation and symptom management**
Amelia Conte (Neurologist), Nemo Clinical Center, Rome
- 16.00 – 16.30 **Coffee break**
- 16.30 – 17.00 **Treatment experience with Riluzole oral suspension: adherence, safety and quality of life**
Francesca Gerardi (Biotechnologist) and Andrea Lizio (Biostatistician), Nemo Clinical Center, Milan
- 17.00 – 17.30 **Clinical trials involvement in ALS and the NEMO Clinical Research Center**
Christian Lunetta (Neurologist), Nemo Clinical Center, Milan
- 17.30 – 18.30 **Discussion**

27 September 2019

Time: 09:00 -13:30

- 09.00 – 09.15 **NEMO Center Infrastructure tour**
Christian Lunetta (Neurologist), Nemo Clinical Center, Milan
- 09.15 – 09.55 **How to communicate with patients:**
- **Diagnosis**
Christian Lunetta (Neurologist), Nemo Clinical Center, Milan
 - **Genetic results**
Ugo Cavallari (Geneticist), Niguarda Hospital, Milan
- 09.55-10.15 **Psychological tests in ALS**
Lucia Greco (Psychologist) Nemo Clinical Center, Milan
- 10.15 – 10.45 **Coffee break**
- 10.45 – 13.00 **Multidisciplinary ALS patient care at NEMO center (attendees will be splitted into groups):**
- **Respiratory management (45')**
Elisa Falcier (Pneumologist), Nemo Clinical Center, Milan
Elisa De Mattia (Respiratory Therapist), Nemo Clinical Center, Milan
 - **Nutritional Impairment and Dysphagia (45')**
Daniela Ginocchio (Otolaryngologist), Nemo Clinical Center, Milan
Maria Onida (Dietician), Niguarda Hospital, Milan
Michela Moretti (Speech Therapist), Nemo Clinical Center, Milan
 - **High Technology: improving Autonomy and Participation (45')**
Elena Carraro (Physiatrist), Nemo Clinical Center, Milan
Giordana Donvito (Occupational Therapist), Nemo Clinical Center, Milan
Marco Gualandris (Physiotherapist), Nemo Clinical Center, Milan
- 13.00 – 13.30 **Discussion**
- 13.30 **Test CME**